

Title of the practice: National Service Scheme (N.S.S.): 'Students Contribution to Nation Building.

Goal:

- To install among students the sense of social/civic responsibility and commitment towards the society in which they live through extension and outreach activities of the college.
- To impress upon students the dignity of labor, the value of teamwork, the spirit of cooperation and realization of the power of youth in effecting change in community.
- Sticking to the dictum of N.S.S. 'Not Me but You', our institution strives to make students aware of their roles in contributing towards nation building process through the platform of NSS while simultaneously imparting regular education.

The Context:

The College is devoted to higher education in arts faculty and sciences. There have always been efforts to promote among students both academic excellence and holistic personality development through various co- curricular and extra-curricular activities organized throughout the academic year. While imparting regular education, the college strives to uphold and cultivate among students such the national values as the dignity of labour, the value of teamwork, the spirit of cooperation and realisation of the power of youth in effecting change in community. The platform of NSS helps in instilling and nurturing among students the spirit of selfless service to society and a sense of involvement in the tasks of national development.

The Practice:

The college has two full-fledged NSS units of 50 students each. It has an annual budget of 25,000/sanctioned by the affiliating University. At the commencement of the academic session students are encouraged to get registered for NSS. They are provided with NSS booklets, badges and Diaries. All year around under the guidance of NSS Programme Officers, the NSS volunteers organise various extra-curricular and extension activities through which they learn to identify the needs and problems of the community they live in and get involved in the nation-building process while pursuing higher education.

Blood Donation, Health Check-up, Tree Plantation, Cleanliness campaign, AIDS awareness, Career Guidance Programme is regularly organized.

The major activity of NSS is 3 days annual camp held in the interior and remote area villages on the themes of social awareness and community development. The students adopt the village for seven days, contributing labour towards village development by digging drains, sweeping roads, building check dams, paving pathways, etc.

The NSS Programme Officers ensure that each participant gets equal opportunity to perform all the activities. These activities help in instilling in the students the sense of social

and civic responsibility and commitment towards the society in which they live. The NSS activities bring out leadership qualities in the students, and impress upon them the dignity of labour, the value of teamwork, the spirit of cooperation and realisation of the power of youth in effecting change in community. The surveys conducted for various purposes develop research aptitude and interpersonal communication skills.

Through such programmes, the students are physically, psychologically, intellectually and socially prepared to face the challenges of life in the real world, leading to their holistic development.

Evidence of Success

Many of the activities listed above have been conducted through NSS. For last two years as per university guidelines, we have adopted Chhiahtlang Village. We have been organizing special residential camp in the village with the support of the local Village Council and villagers. Our NSS volunteers have contributed labour towards village development by constructing waiting shed, sweeping roads, constructed water storage tank, etc. The NSS volunteers conducted surveys of the local villagers. They have been striving to spread awareness among the villages about the importance of clean water, clean environment, tree plantation, etc. All significant activities carried out by NSS department volunteers are published in the local newspapers. An annual report of these activities is submitted to the university.

Problems Encountered and Resource Required

Financial resources needed for undertaking various regular activities and special camp are sponsored by the university. As the NSS Programme Officers are all well experienced and trained, they conduct all NSS activities including a special camp in a planned and disciplined manner without facing any major difficulty of any sort. Whole hearted participation of the volunteers, the college staff and the local alumni of our college makes NSS activities a success.

Title of the practice: Mentoring System:

The Mentoring System was introduced to monitor student progression both in academics and help students deal with issues related to life on campus and also give guidance related to their personal issues.

Each member of the faculty is assigned students belonging to her department. A booklet with student details has been designed by the College to keep track of the student's growth and development on campus. Each student is required to meet her mentor in a one-on-one session at least three times every semester. If the mentor feels that her mentee requires additional help, she is recommended for remedial coaching. The mentor also guides students on matters relating to higher education and careers.

The mentor refers tier to a professional counselor is required. The mentor also identifies students who need financial assistance and direct them to the appropriate authority for availing of fee concessions, scholarships, food tokens and other assistance.

