

**A FOUR-YEAR UNDER-GRADUATE
PROGRAMME
(in line with NEP 2020)**

**COURSE STRUCTURE AND SYLLABUS
EDUCATION**



EFFECTIVE FROM: JULY, 2023

DEPARTMENT OF EDUCATION, MIZORAM UNIVERSITY

**SEMESTER-WISE COURSE, CREDIT AND MARK DISTRIBUTION OF
UNDERGRADUATE PROGRAMME IN EDUCATION**

FIRST SEMESTER						
Course Category	Course Code	Course Title	Credit	Distribution of Marks		
				Sessional	End Sem.	Total
Major	EDN 100	Psychological Foundations of Education	4	25	75	100
	EDN 101	Sociological Foundations of Education	4	25	75	100
Minor			4	25	75	100
Multi-disciplinary	EDN 110	Human Rights and Peace Education	3	25	75	100
Ability Enhancement Course			3	25	75	100
Value Added Course			2	25	75	100
			20	150	450	600

SECOND SEMESTER						
Course Category	Course Code	Course Title	Credit	Distribution of Marks		
				Sessional	End Sem.	Total
Major	EDN 160	Philosophical Foundations of Education	4	25	75	100
	EDN 161	Issues and Trends in Contemporary Indian Education	4	25	75	100
Minor			4	25	75	100
Multi-disciplinary	EDN 110	Human Rights and Peace Education	3	25	75	100
Skill Enhancement Course			3	25	75	100
Value Added Course			2	25	75	100
			20	150	450	600

Exit option with UG Certificate after securing 40 credits with additional 4 credits of work based on vocational course (s) offered during summer time along with entry option to second year or third semester.

THIRD SEMESTER						
Course Category	Course Code	Course Title	Credit	Distribution of Marks		
				Sessional	End Sem.	Total
Major	EDN 200	Curriculum Development	4	25	75	100
	EDN 201	Guidance and Counselling	4	25	75	100
Minor			4	25	75	100
Multi-disciplinary	EDN 110	Human Rights and Peace Education	3	25	75	100
Skill Enhancement Course			3	25	75	100
Value Added Course			2	25	75	100
			20	150	450	600

FOURTH SEMESTER						
Course Category	Course Code	Course Title	Credit	Distribution of Marks		
				Sessional	End Sem.	Total
Major	EDN 260	Development of Educational Thought	4	25	75	100
	EDN 261	Early Childhood Care and Education	4	25	75	100
Minor			4	25	75	100
Ability Enhancement Course			3	25	75	100
Skill Enhancement Course			3	25	75	100
Value Added Course			2	25	75	100
			20	150	450	600

Exit option with UG Diploma after securing 80 credits with additional 4 credits of skill based vocational course (s) offered during the first year or second year summer term along with entry option to third year.

FIFTH SEMESTER						
Course Category	Course Code	Course Title	Credit	Distribution of Marks		
				Sessional	End Sem.	Total
Major	EDN 300	Educational Technology	4	25	75	100
	EDN 301	Pedagogy	4	25	75	100
	EDN 302	Special Education	4	25	75	100
Minor			4	25	75	100
Ability Enhancement Course			2	25	75	100
Internship			2	25	75	100
			20	150	450	600

SIXTH SEMESTER						
Course Category	Course Code	Course Title	Credit	Distribution of Marks		
				Sessional	End Sem.	Total
Major	EDN 360	Higher Education	4	25	75	100
	EDN 361	Educational Planning and Management	4	25	75	100
	EDN 362	Mental Health and Hygiene	4	25	75	100
	EDU 363	Life Skills Education	4	25	75	100
Minor			4	25	75	100
			20	150	375	500

Award of 3 Year Bachelor's Degree after completion of 120 credits with entry option to the 4 Year Bachelor's Degree for students who obtain a minimum CGPA of 7.5 in Bachelor's Degree Examination.

Programme Objectives of UG Bachelor of Arts (BA) in Education

1. To help students acquire extensive knowledge about educational concepts, ideas, methods and applications.
2. To help learners to have deep understanding and insight about educational concepts, ideas, methods and applications.
3. To develop the higher cognitive abilities of students like logical and analytical reasoning abilities etc. and help them function at higher cognitive levels.
4. To develop and promote the different aspects of students' personality as well as helping them to have an integrated and balanced personality.
5. To enable students to apply their knowledge in real life situations in order to create new ideas, methods, techniques, innovations etc. in the field of education.
6. To promote scientific temper and research enthusiasm among students.

Programme Outcomes of UG Bachelor of Arts (BA) in Education

1. Students should be well acquainted with the basic tenets of Education. They should be fully aware of the concepts, ideas, laws and principles which form the foundation of Education.
2. Students should be able to understand the meaning of educational concepts and ideas and be able to explain ideas and concepts in their own words.
3. Students should be able to use their acquired knowledge for the purpose of creating new ideas, methods and solutions to problems.
4. Students should be able to use their analytical ability for in-depth investigative studies.
5. Students should be able to make judgement about the value of educational ideas/ methodologies and come up with appropriate suggestions and innovations.

EDN 100
PSYCHOLOGICAL FOUNDATIONS OF EDUCATION
Credits : 4
Marks : 100

Course Objectives

1. To enable the students to understand the structure and functions of higher mental processes
2. To enable the students to understand the meaning and scope of educational psychology
3. To enable them to understand the dimensions of growth and development
4. To enable them to understand different aspects of personality and means of developing an integrated personality
5. To develop understanding of learning and teaching and problems of learning
6. To develop the knowledge of the characteristics of intelligence and its theories, the role of education in promoting creativity and the difference between intelligence and creativity

Course Outcome

1. Students will be able to understand the structure and functions of higher mental processes
2. Students will understand the meaning and scope of educational psychology
3. Students will have the knowledge of the dimensions of growth and development
4. Students will understand personality and its approaches
5. Students will develop the knowledge of intelligence with its theories and creativity, the difference between intelligence and creativity

Unit -I: Educational Psychology and Development

- Meaning of Education and Psychology ; Meaning of Educational psychology
- Implications of Educational psychology in teaching and learning
- Meaning and principles of growth and development
- Physical, Social and intellectual development during adolescence

Unit-II: Intelligence and Creativity

- Meaning and characteristics of intelligence and creativity
- Theories of Intelligence; Spearman and Thurstone
- Role of education in promoting creativity
- Difference between intelligence and creativity

Unit -III: Personality

- Meaning and nature of personality
- Type and Trait approaches to personality
- Assessment of personality: Rorschach Ink-blot Test, Thematic Apperception Test
- Factors affecting personality development

Unit -IV: Learning

- Meaning, nature and factors affecting learning
- Thorndike's theory of learning and its educational implications
- Skinner's theory of learning and its educational implications
- Meaning and role of motivation in learning

Suggested Readings

- Decece, J. P. (1970). *The psychology of learning and instruction*. Prentice Hall India.
- Eysenck, H. J. (1960). *The structure of personality*. Methuen.
- Guilford, J. P. (1977). *Fields of psychology*. Van-Nostrand.
- Hurlock, E. B. (1972). *Child development*. Mc Grow Hill.
- Mangal, S. K. (1985). *Educational psychology*. Prakash Brothers.
- Mangal, S. K. (1993). *Advanced educational psychology*. Prentice Hall.
- Monroe, W. S., Devors, J. C., & Reegan, G. W. (2006). *Educational psychology*. Cosmo Publications.
- Roy, G. K. & Roy, S. (2008). *A textbook of educational psychology*. Manglam Publishers and Distributors.
- Sharma, R. N. & Sharma, R. K. (2006). *Advanced educational psychology*. Atlantic Publishers & Distributors.
- Skinner, C. E. (1977). *Educational psychology*. Prentice Hall India.
- Skinner, C. E. (2008). *Essentials of educational psychology*. Surjeet Publications.
- Walla, J. S. (1977). *Foundation of educational psychology*. Jalandhar Publishing.

EDN 101
SOCIOLOGICAL FOUNDATIONS OF EDUCATION
Credits : 4
Marks : 100

Course Objectives

1. To develop an understanding of the nature and scope of sociology of education
2. To develop an understanding of the meaning and process of socialization
3. To develop an understanding of the relationship between culture, society and education
4. To develop an understanding of the concept, nature and agencies of socialization
5. To develop an understanding of the relationship between education, social mobility and social stratification

Course Outcome

1. Students understand the nature and scope of sociology of education
2. Students understand the meaning and process of socialization
3. Students understand the relationship between culture, society and education
4. Students understand the concept, nature and agencies of socialization
5. Students understand the relationship between education, social mobility and social stratification

Unit -I: Society and Education

- Sociology: meaning and definitions, Relationship between Sociology and education
- Educational Sociology: meaning, nature and scope
- Need for sociological approach in education
- Society: Concept, Composition and Functions

Unit- II: Socialization

- Socialization: Concept, Nature and Process
- Agencies of Socialization - Family, School, Community, Peer Group
- Social groups – Primary Groups and Secondary Groups; their characteristics and educational implications
- Concept of Social Control; Role of education in social control

Unit -III: Social Stratification and Social Mobility

- Meaning of Social Stratification: Education as a Factor of Social Stratification
- Meaning of Social Mobility; Education as a Factor of Social Mobility
- Education as a Social Sub-system
- Educational Institutions as Social Organisations

Unit- IV: Education and Change

- Meaning of social change and Education as an instrument of Social Change
- Mass media as a means of Social Change
- Culture: concept of Culture, material culture and non-material culture, cultural lag
- Role of education in Cultural Change

Suggested Readings

Adishesiah, W.T.V., & Pavanasam, R. (1974). *Sociology in theory and practice*. Santhi Publishers.

Barry, H.A., & Johnson, L.V. (1964). *Classroom group behaviours: Group dynamics in education*. John Wiley & Sons.

Bhat, M.S. (2013). *Educational sociology*. N.A.P.H. Publishing Corporation.

Blackledge, D., & Hunt, B. (1985). *Sociological interpretations on education*. Groom Helm.

Cook, L.A., & Cook, E.E.A. (1970). *Sociological approach to education*. Mc Graw Hill.

D'Souza, A. (1969). *The human factor in education*. Orient Longmans.

Durkheim, E. (1966). *Education and sociology*. The Free Press.

Inkeles, A., & Smith. (1982). *Becoming modern*. New York.

Jayaram, H. (1990). *Sociology of education*. Rawat.

Mathur, S.S. (2000). *A sociological approach to Indian education*. Vinod Pustok Mandir.

Mohanty, J. (1982). *Indian education in the emergency society*. Sterling Publishers.

Pandit, K.L. (2003). *Educational sociology*. ABD Publishers.

Pathak, R.P. (2007). *Philosophical and sociological perspective of education*. Atlantic Publishers.

Prasad, J. (2004). *Education and society*. Kanishka Publishers.

Rajendra, P. (1988). *Modernization and social change*. Criterion Publication.

Shukla, S., & Kumar, K. (1985). *Sociological perspectives in education*. Chanakya Publication.

Taneja, V.R. (2009). *Socio-philosophical approach to education*. Atlantic Publishers.

UNESCO. (1982). *Inequalities in educational development*. ANIIEP UNESCO.

EDN 110 (MultiDisciplinary)
HUMAN RIGHTS AND PEACE EDUCATION
Credits : 3
Marks : 100

Course Objectives

1. To develop an understanding of the concepts of human rights education and its history
2. To develop an understanding of the importance of human rights education
3. To develop an understanding of their own rights as human beings
4. To develop an understanding of peace education
5. To develop an understanding about the different methods of teaching peace education.

Course Outcome

1. Students understand the concepts of human rights education
2. Students are able to understand their own rights as human beings
3. Students will be able to describe the peace education, its need in human life
4. Student will be able to discuss the different types of peace education

Unit-I: Education and Human Rights

- Human Rights Education – Meaning and History
- Aims and objectives of Human Rights Education
- Needs and Importance of Human Rights Education
- Principles of Human Rights Education

Unit-III: Issues, Movements and Promotion of Human Rights

- Human Rights of Children
- Human Rights of Women
- Human Rights of Minorities
- Human Rights of Disabled Persons

Unit -III: Understanding Peace Education

- Peace Education- Concept, Origin and Aims
- Need for Peace in human life
- Types of Peace Education
- Role of education in Promoting Peace

Suggested Readings

Aggarwal, J.C. (2005). *Values, education for environment and human rights*. Shipra Publication.

Andreopoulos, G. J., & Richard, P. C. (Eds.). (1997). *Human rights education for the twentyfirst century*. University of Pennsylvania Press.

Chand, J. (2007). *Values, education for human rights*. Anshah Publishing House.

Chandra, P. (2010). *Fundamentals of human rights education and training*. Swastik Publications.

Chandra, A. (2000). *Human activism and role of NGOs*. Rajat.

Cook, R. (1994). *Human rights of women, national and international perspectives*. University of Pennsylvania Press.

Donnelly, J. (1989). *Universal human rights in theory and practice*. Cornell University Press.

Georgi, V. B., & Michael, S. (Eds.). (2004). *International perspectives in human rights education*. Bertelsmann Foundation Publishers.

Goet, A. & Goel, S.L. (2005). *Human values and education*. Deep & Deep Publication. Mohanty, J. (2003). *Human rights education*. Deep & Deep Publication.

Naseema, C. (2002). *Human rights education- conceptual and pedagogical*. Kanishka Publishers & Distributors.

Shah, G., Bhargava, R., & Sharma, R. (2005). *Human rights: Free and equal*. Anmol Publications.

Sharma, Y.K. (2007). *Education for values, environment and human rights*. Deep & Deep Publication.

Singh, A. (2002). *Human rights and human rights Education*. Dr. B.B. Pandey Himalayan Publishers.

Tarrow, N. B. (Eds.). (1987). *Human rights and education*. Pergama Press Oxford.

UNESCO. (1997). *The human rights to peace: Declaration by the Director-General*. UNESCO.

Vadkar, P. (2000). *Concepts, theories and practice of human rights*. Rajat. <http://www.unesco.org/cpp/www.humanrights.com> <http://www.humanringths.or.jp>

EDN 160
PHILOSOPHICAL FOUNDATIONS OF EDUCATION
Credits : 4
Marks : 100

Course Objectives

1. To develop an understanding of the role of philosophy in education
2. To develop an understanding of some major schools of philosophy and their contributions to educational theory and practice.
3. To develop an understanding of the interdependence of philosophy and education, meaning and scope of educational philosophy

Course Outcome

1. Students will understand the role of philosophy in education
2. Students will understand some major schools of philosophy and their contributions to educational theory and practice
3. Students will understand the interdependence of philosophy and education and the development of humanity

Unit -I: Introduction to Educational Philosophy

- Philosophy - definitions, meaning and branches of Philosophy - Metaphysics, Epistemology, Axiology.
- Relationship between philosophy and education
- Educational philosophy - meaning and scope
- Knowledge – meaning and sources

Unit -II: Some Major Schools of Philosophy

- Idealism - Principles. aim of education, curriculum, method of teaching, role of teacher and discipline
- Realism - Principles, aim of education, curriculum, method of teaching, role of teacher and discipline
- Naturalism -Principles. aim of education, curriculum, method of teaching, role of teacher and discipline
- Pragmatism - Principles. aim of education, curriculum, method of teaching, role of teacher and discipline

Unit -III: Indian Schools of Philosophy

- Sankhya philosophy and its educational implications
- Vedanta philosophy and its educational implications
- Buddhism and its educational implications.
- Jainism and its educational implications.

Unit -IV: Educational Philosophies of Western and Eastern Thinkers

- JidduKrishnamurthi
- SarvapalliRadhakrishnan
- Immanuel Kant
- Karl Marx.

Suggested Readings

Aggarwal, S. (2007). *Philosophical foundations of education*. DVS Publishers & Distributors.

Bhattacharya. (2006). *Philosophical Foundations of Education*. DVS Publishers & Distributors.

Biswal, U. N. (2005). *Philosophy of education*. DVS Publishers & Distributors.

Brubacher, J. S. (2007). *Modern philosophies of education*. Surjeet Publications.

Chandra, S. S. (2007). *Philosophy of Education*. DVS Publishers & Distributors.

Dhawan, M. L. (2004). *Philosophy of education*. DVS Publishers & Distributors.

Sachdeva, M. S., & Sharma, K. K. (2003). *A new approach to philosophical and sociological bases of education*. Bharat Book Centre.

Sharma, P. (2005). *Philosophy of education*. DVS Publishers & Distributors.

Sharma. (2004). *Philosophical foundations of education*. Lakshmi Narain Agarwal Educational Publishers.

Siddiqui, M. H. (2008). *Philosophical and sociological foundations of education*. DVS Publishers & Distributors.

EDN 161
ISSUES AND TRENDS IN CONTEMPORARY INDIAN EDUCATION
Credits : 4
Marks : 100

Course Objectives

1. To develop in students an understanding of basic issues relating to elementary and secondary education
2. To develop in students an understanding of the roles and functions of some organizations, regulating bodies etc. concerning elementary, secondary education
3. To develop in students an understanding of some important modern trends in education

Course Outcome

1. Students will be able to describe the roles and functions of various organizations, regulating bodies etc. concerning elementary, secondary education
2. Students will be able to explain the basic issues relating to elementary and secondary education
3. Students will be able to elucidate the problems of secondary schools and their solutions
4. Students will be able to clarify the various modern trends in education

Unit- I: Elementary Education

- Universalization of Elementary Education
- Role of National Council of Educational Research and Training (NCERT)
- Role of District Institute of Education and Training (DIET)
- Role of SamagraShikshaAbhiyan (SMA)

Unit -II: Secondary Education

- Problem of Secondary Education and their Solutions
- Role of National University of Educational Planning and Administration (NUEPA)
- Role and functions of Central Board of Secondary Education (CBSE)
- Role and functions of Mizoram Board of School Education (MBSE)

Unit- III: Issues in Education

Meaning, Needs and Importance of

- Population Education
- Sex Education
- Environmental Education
- Value Oriented Education

Unit -IV: Modern Trends in Education

- Right to Education Act, 2009
- E-learning
- Vocational Education as initiate by NEP 2020
- Structure of Education at Schools & Higher Education according to NEP 2020

Suggested Readings

Chuaungo, L. (2016). *Issues and trends in contemporary Indian education*. Lengchhawn Offset.

Dash, B. N. (2008). *School organisation, administration and management*. DVS Publishers & Distributors.

Dash, M. (2004). *Education in India: Problems and perspectives*. DVS Publishers & Distributors.

Joshi, R. (2008). *Education in India: Scope and scenario*. DVS Publishers & Distributors.

Khan, I. A. (2006). *Education in the modern Indian context*. DVS Publishers & Distributors. Krishnamacharyalu. (2008). *Elementary education (Vol. A)*. DVS Publishers & Distributors. Kumar, A. (2004). *Current trends in Indian education*. DVS Publishers & Distributors.

Mukhopadhyay, M. (2007). *Education in India*. DVS Publishers & Distributors.

Rao, B. B. (2008). *Elementary education*. DVS Publishers & Distributors.

Rao, D. B. (2003). *Current trends in Indian education*. DVS Publishers & Distributors.

Rao, D. B. (2004). *School education in India*. DVS Publishers & Distributors.

Tiwari, S. (2007). *Education in India (Vol.4)*. DVS Publishers & Distributors.

EDN 110 (MultiDisciplinary)
HUMAN RIGHTS AND PEACE EDUCATION
Credits : 3
Marks : 100

Course Objectives

1. To develop an understanding of the concepts of human rights education and its history
2. To develop an understanding of the importance of human rights education
3. To develop an understanding of their own rights as human beings
4. To develop an understanding of peace education
5. To develop an understanding about the different methods of teaching peace education.

Course Outcome

1. Students understand the concepts of human rights education
2. Students are able to understand their own rights as human beings
3. Students will be able to describe the peace education, its need in human life
4. Student will be able to discuss the different types of peace education

Unit-I: Education and Human Rights

- Human Rights Education – Meaning and History
- Aims and objectives of Human Rights Education
- Needs and Importance of Human Rights Education
- Principles of Human Rights Education

Unit-III: Issues, Movements and Promotion of Human Rights

- Human Rights of Children
- Human Rights of Women
- Human Rights of Minorities
- Human Rights of Disabled Persons

Unit -III: Understanding Peace Education

- Peace Education- Concept, Origin and Aims
- Need for Peace in human life
- Types of Peace Education
- Role of education in Promoting Peace

Suggested Readings

Aggarwal, J.C. (2005). *Values, education for environment and human rights*. Shipra Publication.

Andreopoulos, G. J., & Richard, P. C. (Eds.). (1997). *Human rights education for the twentyfirst century*. University of Pennsylvania Press.

Chand, J. (2007). *Values, education for human rights*. Anshah Publishing House.

Chandra, P. (2010). *Fundamentals of human rights education and training*. Swastik Publications.

Chandra, A. (2000). *Human activism and role of NGOs*. Rajat.

Cook, R. (1994). *Human rights of women, national and international perspectives*. University of Pennsylvania Press.

Donnelly, J. (1989). *Universal human rights in theory and practice*. Cornell University Press.

Georgi, V. B., & Michael, S. (Eds.). (2004). *International perspectives in human rights education*. Bertelsmann Foundation Publishers.

Goet, A. & Goel, S.L. (2005). *Human values and education*. Deep & Deep Publication. Mohanty, J. (2003). *Human rights education*. Deep & Deep Publication.

Naseema, C. (2002). *Human rights education- conceptual and pedagogical*. Kanishka Publishers & Distributors.

Shah, G., Bhargava, R., & Sharma, R. (2005). *Human rights: Free and equal*. Anmol Publications.

Sharma, Y.K. (2007). *Education for values, environment and human rights*. Deep & Deep Publication.

Singh, A. (2002). *Human rights and human rights Education*. Dr. B.B. Pandey Himalayan Publishers.

Tarrow, N. B. (Eds.). (1987). *Human rights and education*. Pergama Press Oxford.

UNESCO. (1997). *The human rights to peace: Declaration by the Director-General*. UNESCO.

Vadkar, P. (2000). *Concepts, theories and practice of human rights*. Rajat. <http://www.unesco.org/cpp/www.humanrights.com> <http://www.humanringths.or.jp>

EDN 200
CURRICULUM DEVELOPMENT
Credits : 4
Marks : 100

Course Objectives

1. To understand the meaning, concept and scope of curriculum
2. To understand the bases of curriculum construction, transaction, evaluation and innovation

Course Outcome

1. Students understand the meaning, concept and scope of curriculum
2. Students understand the bases of curriculum construction, transaction, evaluation and innovation

Unit-I: Concept and Functions of Curriculum

- Concept of curriculum and Functions of curriculum
- Types of curricula
- Meaning and importance of Co-curricular activities in curriculum
- Concept, needs and importance of Undifferentiated and Differentiated curriculum

Unit-II: Curriculum Construction

- Principles of Curriculum Construction; Situational Analysis in Curriculum Construction
- Selection of Objectives in Curriculum Construction
- Selection of Content in Curriculum Construction
- Organization of Content and Learning activities in Curriculum Construction

Unit-III: Curriculum Evaluation

- Concept, nature and needs of Curriculum Evaluation
- Instruments of Curriculum Evaluation
- Types of Curriculum Evaluation; Formative and Summative Evaluation
- Criteria of Evaluation of a textbook

Unit-IV: Curriculum Change

- Concept of Curriculum Change
- Elements of successful Curriculum Change
- Factors affecting Curriculum change
- Role of students, teachers and educational administrators in Curriculum Change.

Suggested Readings

- Aggarwal, D. (2006). *Curriculum Development: Concepts, methods and techniques*. DVS Publishers & Distributors.
- Aggarwal, J. C. (1990). *Curriculum reform in India: World Overview*. Doab House Bookseller & Publishers.
- Bhall, B. D., & Sharma, S. R. (1992). *Principles of curriculum construction*. Kanishka Publishing House.
- Bhalla, N. (2007). *Curriculum development*. DVS Publishers and Distributors.
- Dellay, A. V. (1977). *Curriculum: Theory & practice*. Harper and Row Pub. Inc.
- Dewey, J. (1966). *The child and the curriculum*. The University of Chicago Press.
- Diamond, R. M. (1989). *Designing & improving courses & curricular in higher education: A systematic approach*. Jossey Bass Inc. Publishers.
- Doll R. C. (1986). *Curriculum improvement: Decision making and process* (6th ed.). Allyn&Bacon, Inc.
- Kalram, R. M. & Singh, R. R. (1987). *Curriculum construction for youth development*. Sterling Publishers Pvt. Ltd.
- Mamidi, M. R., & Ravishankar. (eds) (1984). *Curriculum development & educational technology*. Sterling Publishers Pvt. Ltd.
- Mrunalini, T. (2008). *Curriculum Development*. DVS Publishers and Distributors.
- NCERT. (1984). *Curriculum and Evaluation*. NCERT.
- NCERT. (1988). *National curriculum for elementary & secondary education: A framework*. NCERT
- Oliva, P. F. (1988). *Developing the curriculum* (2nd ed.). Foresman & Co.
- Taba, H. (1962). *Curriculum development: Theory & practice*. Harcourt Brace Jovanovich Inc.
- Tyler, R. W. (1974). *Basic principles of curriculum & instruction*. The University of Chicago Press.
- UNESCO. (1981). *Curriculum & lifelong education*. UNESCO.
- Vashist S.R. (1994). *The theory of curriculum*(1st ed.). Onmol Publication Pvt. Ltd.
- Vashist, S. R. (1994). *Historical development of curriculum*(1st ed.). Onmol Publication Pvt. Ltd.
- Venkataiah, N. (1993). *Curriculum Innovation for 2000 A.D.* Asish Publishing House.

EDN 201
GUIDANCE AND COUNSELING
Credits : 4
Marks : 100

Course Objectives

1. To help in understanding the meaning of guidance and counselling
2. To develop the ability to identify gifted children who need enrichment and to channelize their unique potentialities in a positive way through proper guidance
3. To develop the ability to identify exceptional children who need special care and help, and to make such provisions for them
4. To understand the qualities of a counselor. To help the adolescents in facing their problems to develop a positive self-concept, self-confidence and an optimistic attitude towards life through proper counseling. To develop interest in one's own personal and professional growth

Course Outcome

1. Students will understand the meaning of guidance and counselling
2. Students will be able to know how to identify gifted children who need enrichment and how to channelize their unique potentialities in a positive way
3. Students will know how to identify exceptional children how to make provisions for them
4. Students will learn the qualities of a counselor and his/her role in helping and guiding adolescents through proper counselling

Unit- I: Introduction to Guidance

- Concept and Scope of Guidance
- Principles of Guidance
- Need and Importance of Guidance
- Philosophical, Psychological and Sociological bases of Guidance

Unit -II: Educational, Vocational and Personal Guidance

- Educational Guidance - meaning, needs and functions
- Vocational Guidance - meaning needs and functions
- Personal Guidance - meaning, needs and functions
- Difference between Educational, Vocational and Personal Guidance

Unit-III: Job Analysis

- Job Analysis – meaning, method and importance
- Uses and limitations of Job Analysis
- Job Satisfaction – meaning and importance
- Factors affecting Job satisfaction

Unit-IV: Counseling

- Meaning, importance and principles of Counseling
- Techniques of Counseling – Directive, Non-directive and Eclectic
- Skills needed for a counsellor
- Uses of Tests and Techniques in Guidance and Counseling

Suggested Readings

Aggarwal, J.C. (1997). *Educational, vocational guidance and counseling*. Doaba House Booksellers & Publishers.

Alam, S. (2008). *Basics of guidance and counseling*. Global Vision Publishing House.

Allan, S. (2008). *Basic Guidance and Counseling in Education*. DVS Publishers & Distributors.

Bhatnagar, & Seema, R. (1997). *Guidance and Counseling in Education and Psychology*. R. Lall, Booksellers & Publishers.

Dash, N., & Dash, B. N. (2009). *Career information in career guidance & counseling*. Dominant Publishers & Distributors.

Khanna, S.D., Lamba, T.P. & Steffire, S. (1989). *Educational vocational guidance and counseling*. Doaba Jones House.

Kochhar, S.K. (1999). *Guidance and counseling in colleges and universities*. Sterling Publishers Pvt. Ltd.

Mittal, H.C. (1977). *Elements of educational psychology and guidance*. Dhanpat Rai & Sons.

Pandey, V.C. (2005). *Educational guidance and counseling*. Isha Books.

Pasricha, Prem (1976). *Guidance and counseling in Indian education*. NCERT.

Saxena, A. (2006). *An Introduction to Education and Vocational Guidance*. DVS Publishers & Distributors.

Saxena, V.K., & Murthy, V. (1979). *Principles of Guidance* (6th ed.). Tata McGraw Hill Publishing Co., Ltd.

Sharma, R. N. (1999). *Guidance and Counseling*. Surjeet Publications.

Sharma, R. N. (1999). *Guidance and counseling*. Surjeet Publications.

EDN 110 (MultiDisciplinary)
HUMAN RIGHTS AND PEACE EDUCATION
Credits : 3
Marks : 100

Course Objectives

1. To develop an understanding of the concepts of human rights education and its history
2. To develop an understanding of the importance of human rights education
3. To develop an understanding of their own rights as human beings
4. To develop an understanding of peace education
5. To develop an understanding about the different methods of teaching peace education.

Course Outcome

1. Students understand the concepts of human rights education
2. Students are able to understand their own rights as human beings
3. Students will be able to describe the peace education, its need in human life
4. Student will be able to discuss the different types of peace education

Unit-I: Education and Human Rights

- Human Rights Education – Meaning and History
- Aims and objectives of Human Rights Education
- Needs and Importance of Human Rights Education
- Principles of Human Rights Education

Unit-III: Issues, Movements and Promotion of Human Rights

- Human Rights of Children
- Human Rights of Women
- Human Rights of Minorities
- Human Rights of Disabled Persons

Unit -III: Understanding Peace Education

- Peace Education- Concept, Origin and Aims
- Need for Peace in human life
- Types of Peace Education
- Role of education in Promoting Peace

Suggested Readings

- Aggarwal, J.C. (2005). *Values, education for environment and human rights*. Shipra Publication.
- Andreopoulos, G. J., & Richard, P. C. (Eds.). (1997). *Human rights education for the twentyfirst century*. University of Pennsylvania Press.
- Chand, J. (2007). *Values, education for human rights*. Anshah Publishing House.
- Chandra, P. (2010). *Fundamentals of human rights education and training*. Swastik Publications.
- Chandra, A. (2000). *Human activism and role of NGOs*. Rajat.
- Cook, R. (1994). *Human rights of women, national and international perspectives*. University of Pennsylvania Press.
- Donnelly, J. (1989). *Universal human rights in theory and practice*. Cornell University Press.
- Georgi, V. B., & Michael, S. (Eds.). (2004). *International perspectives in human rights education*. Bertelsmann Foundation Publishers.
- Goet, A. & Goel, S.L. (2005). *Human values and education*. Deep & Deep Publication. Mohanty, J. (2003). *Human rights education*. Deep & Deep Publication.
- Naseema, C. (2002). *Human rights education- conceptual and pedagogical*. Kanishka Publishers & Distributors.
- Shah, G., Bhargava, R., & Sharma, R. (2005). *Human rights: Free and equal*. Anmol Publications.
- Sharma, Y.K. (2007). *Education for values, environment and human rights*. Deep & Deep Publication.
- Singh, A. (2002). *Human rights and human rights Education*. Dr. B.B. Pandey Himalayan Publishers.
- Tarrow, N. B. (Eds.). (1987). *Human rights and education*. Pergama Press Oxford.
- UNESCO. (1997). *The human rights to peace: Declaration by the Director-General*. UNESCO.
- Vadkar, P. (2000). *Concepts, theories and practice of human rights*. Rajat. <http://www.unesco.org/cpp/www.humanrights.com> <http://www.humanringths.or.jp>

EDN 400
RESEARCH METHODOLOGY IN EDUCATION
Credits : 4
Marks : 100

Course Objectives

1. To help students to develop an understanding about the concept and types of educational research
2. To help students to acquaint themselves with the various steps of research, sampling designs, tools of data collection and report writing

Course Outcome

1. Students understand the fundamentals of educational research
2. Students understand the basics of conducting research

Unit-1: Fundamentals of Educational Research

- Meaning, Characteristics and Scope of Educational Research
- Objectives, Need of Educational Research
- Types of Research: a) Fundamental, Applied and Action b) Quantitative and Qualitative
- Steps in Writing a Research Report

Unit-II: Population and Sample

- Meaning and Importance of Population and Sample
- Meaning and Principles of Sampling
- Probability Sampling designs – Simple Random, Stratified Random, and Clustered Sampling designs
- Non-probability Sampling Designs - Purposive, Convenient and Quota Sampling designs

Unit-III: Variables Hypotheses, Literature Review and Research project

- Variables - Concept and Types
- Hypotheses - Meaning, Characteristics and Types
- Literature review - Concept, purposes and sources
- Research project – Concept and importance

Unit-IV: Tools of Data Collection

- Observation – Meaning, types, Advantages and Disadvantages
- Questionnaire – Meaning, types, Advantages and Disadvantages
- Interview – Meaning, types, Advantages and Disadvantages
- Psychological Tests – Meaning and types: Achievement Test, Intelligence Test, Aptitude Test, Interest Inventories, Personality Test

Suggested Readings

- Best, J.W., & Kahn, J.V. (1989). *Research in education*(6th ed.). Prentice Hall of India Private Ltd.
- Buckman, B.W. (1978). *Analysing and designing educational research*.Harcourt Brace Javanovich Inc.
- Bruce, T. (1978). *Conducationalresearch*. Harcourt Brace Inc.
- Buch, M.B. (1974). *Survey of research in education*.CASE, M.S.University.
- Englehart, M. D. (1972). *Methods of educational research*.Rand McNally Meyer W.J.and Co. Fox, D.J. (1969). *The research process in education*.Holt Rinehart and Winston, Inc.
- Good, B.& Scates. (1962). *Methodology of educational research*. Appleton Crofts.
- Kerlinger, F.N. (1978). *Foundations of behavioralresearch*.Surjeet Publications.
- Koul, L. (1984). *Methodology of educational research*. Vikas Publishers.
- Mcmillan, J. H., & Schumacher, S. (1993).*Research in education* (3rd ed.).Harper and Collins College Publishers.
- Sax, G. (1962). *Empirical foundations of educational research*. Englewood Cliffs, N.J.

EDN 261
EARLY CHILDHOOD CARE AND EDUCATION
Credits : 4
Marks : 100

Course Objectives

1. To enable students to have broad perspectives on early childhood care and education in India
2. To acquaint students with the understanding of basic types of early childhood care and education centres
3. To develop in students the ability to make proper planning for early childhood care and education programme
4. To develop in students the ability to organize activities successfully for realising the objectives of early childhood care and education

Course Outcome

1. Students will be able to understand the different types of early childhood care and education centres
2. Students will be able to plan programmes for early childhood care and education programme
3. Students will be able to organize successfully activities to realize the objectives of early childhood care and education

Unit- I: Perspectives on Early Childhood Care and Education (ECCE) in India

- Concept and objectives of Early Childhood Care and Education (ECCE)
- Recommendations of National Policy on Education 1986 and Yash Pal Committee on ECCE
- Programmes and Services for children in early childhood period in India
- Role and functions of ICCW and CSWB in ECCE

Unit -II: Types of Early Childhood Care and Education Programmes/ Centres

- Nursery
- Kindergarten
- Montessori
- Anganwadi

Unit -III: Programme Planning for ECCE Centre

- Principles of programme planning
- Preparation of long-term planning
- Preparation of theme-based short-term planning
- Preparation of play materials out of low cost, no cost and waste materials

Unit -IV: Play Activities for Realising the objectives of ECCE in a centre

- Organization of activities for meeting basic personal needs of children
- Organization of storytelling and nursery rhymes singing
- Organization of activities and plays with materials
- Organization of activities and plays without materials

Suggested Readings

Aggarwal, J. C. (2009). *Early childhood care and education*. Neha Publishers & Distributors. Bhatnagar, R. (2005). *Little Steps*. National Council for Educational Research and Training.

Kaul, V. (2010). *Early childhood education program*. National Council for Educational research and Training

Mohanty, J.,& Mohanty, B. (1994). *Early childhood care and education (ECCE)*. Deep & Deep Publications.

Muralidharan, R. & Banerji, U. (1969). *A guide for nursery school teachers*. NCERT.

Pankajam, G. (2005). *Pre-primary education: Philosophy and practice*. Concept Publishing Company.

Rao, V. K. (2004). *Early childhood care and education*. Common Wealth Publications. Shukla, R. P. (2008). *Early childhood care and education*. Sarup and Sons.

Singh, B. (1997). *Pre-school Education*. APH Publications

EDN 300
EDUCATIONAL TECHNOLOGY
Credits : 4
Marks : 100

Course Objectives

1. To enable the students to understand about the concept, nature and significance of educational technology and its important components in terms of hardware and software
2. To expose the students to the basic developments in educational technology
3. To acquaint the students with emerging trends in educational technology

Course Outcome:

1. Students will understand the concept, nature and significance of educational technology and its components in terms of hardware and software
2. Students will be exposed to the basic developments and the emerging trends in educational technology

Unit -I: Introduction to Educational Technology

- Concept and Characteristics of Educational Technology
- Need and Importance of Educational Technology
- Types of Educational Technology (Teaching Technology and Instructional Technology)
- Approaches of Educational Technology (Hardware Approach, Software Approach and System Analysis)

Unit-II: Communication in Teaching-Learning

- Meaning and Characteristics of Communication
- Types of Communication(Verbal and Non-Verbal)
- Factors affecting Communication
- Barriers of Communication

Unit-III: Educational Objectives, Instructional and Training Technology

- Bloom's Taxonomy of Educational Objectives(Cognitive, Affective and Psychomotor)
- Programmed Learning –Concept and Types(Linear and Branching)
- Instructional System Designing –Concept and Components
- Flanders's Interaction Analysis

Unit-IV: Innovations in Teaching-Learning

- Personalized System of Instruction(PSI)–concept and features
- Computer Assisted Instruction(CAI) - concept and features

- Informatics– concept, advantages and disadvantages
- Role of Artificial Intelligence (AI) in teaching and learning–advantages and disadvantages

Suggested Readings

Sharma,R.A.(2013).*Educational technology*. R.LallBookDepot.

Dahiya, S. S. (2007).*Educational technology: Towards better teacher performance*. Shipra Publications.

Mangal,S.K.(2001).*Foundations of educational technology*.Tandon Publications.

Singh,C.(n.d.).*Educational technology*. Agrawal Publications.

Sharma,R.A.(1993).*Advanced educational technology*. Eagle Books International.

Bhatnagar,A.B.&Bhatnagar,A.(2015).*TechnologyofTeaching*.R.LallBookDepot.

Sharma,R.A.(2009).*Essentials of pedagogical analysis and critical pedagogy: Pedagogy as a process of teaching & critical pedagogy as an approach of teaching*. SuryaPublication.

EDN 301
PEDAGOGY
Credit : 4
Marks : 100

Course Objectives

1. To initiate students of the field of pedagogy.
2. To develop understanding of various theories of teaching.
3. To develop the ability to analyze classroom teaching learning, and the ability to observe classroom behavior, and group dynamics.
4. To develop positive attitude towards life and the teaching profession.

Course Outcome

1. Students will be introduced to the field of pedagogy
2. Students will understand the various theories of teaching
3. Students will be able to analyse classroom teaching-learning and observe classroom behaviour and group dynamics
4. Students will develop positive attitude towards life and the teaching profession

Unit-I: Nature of Teaching

- Concept of Teaching and its Relationship with Learning
- Factors Affecting Teaching
- Levels of Teaching
- Principles and Maxims of Teaching

Unit-II: Audio-Visual Aids

- Meaning and Characteristics of Audio-Visual Aids
- Principles of Selection of Audio-Visual Aids
- Types of Audio-Visual Aids
- Advantages and Disadvantages of Audio-Visual Aids

Unit-III: Planning and Methods of Teaching

- Meaning and Importance of Lesson Plan
- Micro-Teaching–Concept and Procedure
- Skills of Teaching
- Problem Solving Method and Story Telling Method of Teaching(concept, advantages and disadvantages)

Unit-IV: Role and Functions of a Teacher

- Meaning and Characteristics of Effective Teacher

- Role of a Teacher as a Planner and Facilitator of Learning
- Role of a Teacher as a Counsellor and Evaluator
- Meaning and Significance of Professional Ethics for a Teacher

Suggested Readings

Bhatnagar, A. B. & Bhatnagar, A. (2015). *Technology of teaching*. R. Lall Book Depot.

Dahiya, S. S. (2007). *Educational technology: Towards better teacher performance*. Shipra Publications

Khanna, S. D., Saxena, V. K., Lamba, T. P. & Murthi, V. (2002). *Technology of teaching and essentials of teaching learning*. Doaba House.

Mangal, S. K. (2001). *Foundations of educational technology*. Tandon Publications.

Mangal, S. K. (2005). *School management and pedagogics of education*. Tandon Publications.

Sachdeva, M. S. (2004). *School management & pedagogics of education*. Tandon Publications.

Saxena, N. R. S. & Oberoi, S. C. (2009). *Essentials of educational technology and management*. R. Lall Book Depot.

Sharma, R. A. (1993). *Advanced educational technology*. Eagle Books International.

Sharma, R. A. (2009). *Essentials of pedagogical analysis and critical pedagogy: Pedagogy as a process of teaching & critical pedagogy as an approach of teaching*. Surya Publication.

Sharma, R. A. (2013). *Educational technology*. R. Lall Book Depot.

Singh, C. (n.d.). *Educational technology*. Agrawal Publications.

EDN 302
SPECIAL EDUCATION
Credits : 4
Marks : 100

Course Objectives

1. To enable the students to understand the various types of disorders
2. To enable the students to understand the problems of challenged children
3. To enable the students to understand the nature and characteristics of gifted and creative children
4. To enable the students to know the educational provision for the gifted and creative children

Course Outcome

1. Students will have the knowledge and understanding of the types of disorders
2. Students will be able to know the nature, characteristics and differences of gifted and creative children
3. Students will have the knowledge of educational provision for gifted and creative children.

Unit -I: Introduction to Special Education

- Meaning and importance of special education
- Objectives of special education
- Classification of exceptional children – positive and negative dimensions
- Right to PWD Act 2016 – salient features

Unit -II: Education for the physically challenged children

- Visual disorder: characteristics, causes, identification and their education
- Hearing impaired: characteristics, causes, identification and their education
- Speech defective: characteristics, causes, identification and their education
- Orthopedically handicapped: characteristics, causes, identification and their education

Unit-III: Education for the Mentally Challenged Children

- Meaning and characteristics of mentally challenged children
- Classification of mentally challenged children
- Causes of mental disorder
- Special educational scheme for mentally challenged children

Unit -IV: Education for the Gifted and Creative Children

- Concept and characteristics of gifted and creative children
- Identification of gifted and creative children
- Needs and problems of gifted and creative children
- Education programmes for the gifted and creative children

Suggested Readings

Advani, L. & Chadha, A. (2003). *You & your special child*. UBS Publishers & Distributors Pvt. Ltd.

Bhargava, M. (1994). *Introduction to exceptional children: Their nature & educational provisions*. Sterling Publishers Pvt. Ltd.

Bhatt, B. D. & Sharma, S. R. (1993). *Education of the gifted and talented children*. Kanishka Publishing House.

Dash, B. N. (1992). *Education of exceptional children*. Ajanta Prakashan.

Dash, M. (2003). *Education of exceptional children*. Atlantic Publishers &

Distributors. Kar, C. (1992). *Their psychology and education*. Sterling Publishers Pvt. Ltd.

Lokanadha, R. G., Ramar, R., & Kusumar, A. (2000). *Education of children with special needs*.

Discovery Publishing House.

Maitra, K. (1993). *Gifted and talented: A developmental perspective*. Discovery Publishing House.

Maitra, K. (1996). *Parenting the gifted*. Discovery Publishing House.

Ministry of Law, Justice and Company Affairs. (1996). *The persons with disabilities (Equal opportunities, Protection of Rights and Full participation) Act 1995*. The Gazette of India.

Narang, S. K. (1994). *The bright and their education*. Prime Publishers.

Panda, K. C. (1999). *Education of exceptional children*. Vikas Publishing House Pvt. Ltd.

Sahu, B. K. (1990). *Education of the exceptional children*. Kalayni Publishers.

Schwartz, L. L. (1994). *Why give gifts to the gifted: Investing in a national resource*. Corwin Press Inc.

Sharma, R. A. (1995). *Fundamentals of educational psychology*. R. Lall Book Deot. Tripathi S. N. (1996). *Talent and creativity*. National Psychological corporation.

Whitmore, J. R. (1980). *Giftedness, conflict and underachievement*. Allyn and Becon, Inc.

Ysseldyke, J. E. & Algozzine, B. (1998). *Special education: A practical approach for teachers*. Kanishka Publishers & Distributors.

EDN 360
HIGHER EDUCATION
Credits : 4
Marks : 100

Course Objectives

1. To help the students understand the system of higher education in India
2. To develop the ability to evaluate the roles and functions of important national bodies in the planning, management and control of higher education
3. To help the students to be able to comprehend the emerging issues and developments in higher education in India
4. To develop the ability to evaluate the status of higher education in the country

Course Outcome

On completion of this course, the students will be able to:

1. understand system of higher education in India and its historical development
2. evaluate the role and functions of important national bodies in the planning, management and control
3. comprehend emerging issues and developments in higher education in India
4. evaluate the status of higher education in the country

Unit-I: Higher Education in India

- Meaning and Structure of Higher Education
- Objectives and Goals of Higher Education
- Types of Universities in India
- Constitutional Provisions Regarding Higher Education

Unit-II: New Trends in Higher Education in India

- Internationalization in Higher education
- Autonomy in higher education
- Innovative features in higher education proposed by NEP 2020
- LPG in higher education.

Unit-III: Planning and Management of Higher Education in India

- Role and Functions of University Grants Commission (UGC)
- Role and Functions of National Assessment and Accreditation Council (NAAC)
- Rashtriya Uchchatar Shiksha Abhiyan (RUSA)
- Higher Education in NEP 2020

Unit-IV: Problems of Higher Education in India

- Problems related to Access and Equity
- Problems related to Quality and Excellence

- Higher Education and Growing Unemployment
- Resource Crunch in Higher Education

Suggested Readings

- Altback, P. (1987). *Comparative perspective on the academic profession*. Preeger.
- Begi, J. (2003). *Dynamics of higher education*. Commonwealth Publishers.
- Chakravarti, B.K. (2005). *A Text book of comparative education*. Dominant Publishers & Distributors.
- Chalam, K.S. (2005). *Challenges of higher education*. Anmol Publications Pvt. Ltd.
- Deka, B. (2000). *Higher education in India: Development and problems*. Atlantic Publishers.
- Goel, A. & Goel, S.L. (2005). *Encyclopaedia of higher education in the 21st century*. Deep and Deep Publications Pvt. Ltd.
- Harry, K. (1999). *Higher education through open learning and distance mode*. Routledge.
- Jha, P. K. (2005). *Assessment and evaluation in higher education*. Vista International Publishing House.
- Mohanty, J. (2003). *Current trends in higher education*. Deep and Deep Publications Pvt. Ltd.
- Narain, I. (1990). *Pages from a Vice Chancellor's diary*. Chanakya Publications.
- Panday, V.C. (2005). *Higher education in a globalising world*. Isha Book Publications.
- Powar, K.B. (2002). *Indian higher education*. Concept Publishing Company.
- Rao, D. B. (2005). *Globalization and living together*. Discovery Publishing Home.
- Ram, M. (2004). *Universalisation of higher education*. Sarup and Sons Publications.
- Raza, M. (Ed.). (1991). *Higher education in India: Retrospect and prospect*. Association of Indian Universities.
- Sani, P.L. (2005). *World higher education*. ABD Publishers.
- Singh, V. & Sharma, N. (2008). *Development of higher education in India*. Alfa Publications.
- Thakur, D. & Thakur, D.N. (2004). *Higher education and employment* (2nd ed.). Deep and Deep Publications.
- Vohra, A. L. & Sharma, S.R. (1990). *Management of higher education in India*. Anmol Publications.

EDN 361
EDUCATIONAL PLANNING AND MANAGEMENT
Credits : 4
Marks : 100

Course Objectives

1. To develop an understanding of the basic concept and importance of educational planning
2. To enable the students to understand the concept of educational management
3. To enable the students to know about the financial resources and financial management in education
4. To develop the ability to identify the roles of participating members (individual or collective) and to plan various institutionalized managerial activities
5. To develop the ability of making objective decision in educational management

Course outcomes

1. Students will acquire a deep understanding of planning and management in education.
2. Students will be equipped with the skills needed to effectively plan and manage educational programmes.
3. It will facilitate in students sound financial decision-making, financial management and stability.
4. Students will gain knowledge about best practices in educational planning and management and its application to their own work.
5. Students will be aware of effective leadership and its impact on the school community.

Unit-I: Educational Planning

- Concept of Educational Planning
- Importance of Educational Planning
- Process Planning
- Institutional Planning: Concept and steps

Unit-II: Educational Management

- Concept of Educational Management
- Principles of Management
- Characteristics of Management
- Types of Management;
 - a) Centralised and Decentralised Management
 - b) Autocratic and Democratic Management

Unit-III: Financial Management

- Concept of Financial Management

- Source of Income of Educational Organizations
- Problem of Financing Educational Institutions
- Factors affecting Financial Allocations

Unit-IV: Leadership Behaviour and Supervision

- Concept of Leadership Behaviour
- Factors affecting Leadership Behaviour
- Leadership Styles
- Supervision – Concept, types and principles of Supervision

Suggested Readings

Aggarwal, J. C. (1994). *Educational administration, management and supervision*. Arya Book Depot.

Ahuja, A. K. (2007). *Educational management, planning and finance*. DVS Publishers & Distributors.

Ananda, W. P. G. (1984). *General principles of management for educational planners and administrators*. UNESCO.

Bhatnagar. & Gupta. (2006). *Educational management*. R. Lall Book Depot.

Bhattacharya, S. (2012). *Educational management: Theory and practice*. EBH Publishers.

Krishnamacharyulu, V. (2008). *School management and system of education*. Neelkamal Publications Pvt. Ltd.

Mathur. & Mathur. (2010). *School organisation and management*. Agrawal Publication.

Mohanty, J. (2008). *Educational management, supervision, school organisation*. DVS Publishers & Distributors.

NIEPA. (1986). *Educational management in India*. NIEPA.

Sharma, R. N. (2010). *Educational administration, management and organisation*. Surjeet Publications.

Sidhu, I. S. (2012). *Educational administration and management*. Pearson India Publishers.

Taj, H. & Bhatnagar, P. (2012). *Modern perspectives of organizational behaviour*. Harprasad Institute of Behavioural Studies.

Tanner, D. & Lawrel, T. (1987). *Supervision in education problems and practices*. Macmillan Publication Co.

EDN 362
MENTAL HEALTH AND HYGIENE
Credits : 4
Marks : 100

Course Objectives

1. To develop an understanding of the fundamentals of mental health and hygiene
2. To develop an understanding of the role of agencies of education in mental health
3. To develop an understanding of the concept of mental conflict and maladjustment that will provide a roadmap for conflict resolution and adjusting to modern life
4. To gain knowledge to address the different abnormal personality

Course Outcome

1. Students understand the fundamentals of mental health and hygiene
2. Students understand the role played by agencies of education in mental health
3. Students gain knowledge about various mental health issues and how to address them

Unit-1: Introduction to Mental Health and Hygiene

- Concept of Mental health; Concept of Mental Hygiene
- Principles and objectives of Mental Hygiene
- Child rearing practices for mental health
- Psychological factors affecting mental health

Unit-II: Diagnostic and Remedial Techniques

- Concept of Wholesome and Abnormal Personality
- Classification of Abnormal Behaviour
- Criteria for a Mentally Healthy Person
- Therapies and their usefulness: Play therapy, Behaviour therapy, Counselling therapy

Unit-III: Adjustment

- Adjustment – Concept and meaning
- Maladjustment – Concept and Causes of maladjustment
- Adjustment mechanisms
- Mental conflict – Concept, Types and Causes and remedy

Unit-IV: Education and Agencies of Mental Health

- Role of home in mental health
- Role of school in mental health
- Role of community in mental health
- Role of media in mental health

Suggested Readings

- Akhilananda, S. (1952). *Mental health and Hindu psychology*. Harper.
- Arkoff, A. (1968). *Adjustment and mental health*. McGraw Hill Company.
- Auger, R. (2011). *The school counsellor's mental health sourcebook*. Sage India Pvt.Ltd.
- Bahadur, M. (1995). *Mental health in theory and practice*. V.V.R.I.
- Bernard, H. W. (1952). *Mental hygiene for class-room teachers*. McGraw Hill Book Co.
- Bhan, S., & Dutt, N. K. (1986). *Mental health through education*. Vision Books.
- Bonny, M. E. (1960). *Mental health in education*. Allyn and Bacon Inc.
- Carroll, H. A. (1956). *Mental hygiene: The dynamic of adjustment (3rd ed.)*. Prentice Hall, Inc.
- Crow, L. D., & Crow, A. (1952). *Mental hygiene*. McGraw Hill Book Company Inc.
- Dandapani, S. (2004). *A textbook of advanced educational psychology*. Anmol Publications Pvt. Ltd.
- Dash, M. & Dash, N. (2003). *Fundamentals of educational psychology*. Atlantic Publishers & Distributors.
- David. & Gross, D. R. (1995). *Introduction to counselling*. Allyn and Bacon.
- Dollard, J., & Miller, N. E. (1970). *Personality and psychotherapy*. Aldine.
- Garg, B. R. (2002). *An introduction to mental health*. Associate Publications.
- Kundu, C. L., & Tutoo, D. N. (2005). *Educational psychology*. Sterling Publishers Pvt. Ltd.
- Ranganathan, N. (2012). *Education for mental health*. Shipra.
- Sharma, B. (2004). *Psychological foundation of education*. Vohra Publishers & Distributors.
- Sharma, R. A. (1995). *Fundamentals of educational psychology*. R. Lall Book Depot.
- Sharma, R. N. & Sharma, R. K. (2006). *Advanced educational psychology*. Atlantic Publishers & Distributors.
- Sharma, Y. K. (2004). *Textbook of educational psychology*. Kanishka Publishers & Distributors.

EDU 363
LIFE SKILLS EDUCATION
Credits : 4
Marks :100

Course Objectives

1. To equip students with essential life skills necessary for their personal and professional growth.
2. To develop competencies that will help students navigate challenges in various aspects of their lives
3. To provide students with the necessary skills and tools to plan and manage their career path.
4. To be familiar with the process of measuring Life Skills

Course outcomes

1. Students will be able to explain the essential life skills needed for their own progress
2. Students will be able to exhibit their ability to face different problems
3. Students will be able to display their skills to manage their course of career
4. Students will be able to assess their own life skills

Unit-1: Introduction to Life Skills Education

- Definition and concept of life skills, ten core life skills laid down by WHO
- Factors that influence life skills development; Importance of life skills for personal and professional growth
- Theoretical frameworks for life skills education
- Assessment of students' current life skills competencies

Unit-II: Various thinking Skills and its development

- Meaning and importance of self-awareness, Strategies for developing self-awareness
- Meaning and significance of problem solving skills, Essential steps in problem solving
- Meaning and importance of critical thinking skills, Significance of identifying assumptions, biases, and fallacies, Strategies for developing critical thinking skills
- Creative thinking skills – Meaning and importance, creative process, Methods of enhancing creative thinking skills

Unit-III: Development of Social and Emotional Skills

- Meaning, Importance, Components and types of interpersonal relationship
- Meaning and importance of Effective communication, Understanding different communication styles
- Meaning and importance of empathy, Strategies for applying empathy in romantic, family, and professional relationships, Barriers to empathy and strategies for overcoming them

- Meaning and significance of stress and emotion, Impact of stress and emotion on physical and mental health, Techniques for managing stress and emotions

Unit-IV: Career Planning skills

- Meaning and importance of career planning, Assessing strengths, interests, skills and values for career planning
- Different Career options, Skill of identifying potential career paths
- Skill of creating an effective resume and cover letter for job application
- Different types of interviews and their purpose, Strategies for interview preparation, Importance of professional attire and body language, Effective Communication during Interviews

Suggested Readings

- Adler, R. B., Rosenfeld, L. B., & Proctor II, R. F. (2001). *Interplay: The process of interpersonal communication*. Oxford University Press.
- Amabile, T. M. (1998). How to kill creativity. *Harvard Business Review*, 76(5), 76-87.
- Aryana, M. A., & Ismael, A. (2015). The effect of life skills training on increasing self-esteem and reducing depression in divorced women. *International Journal of Psychology and Behavioral Sciences*, 5(4), 126-132.
- Batson, C. D. (1991). *The altruism question: Toward a social psychological answer*. Lawrence Erlbaum Associates.
- Berger, J., & Milkman, K. L. (2012). What makes online content viral? *Journal of Marketing Research*, 49(2), 192-205.
- Bolles, R. N. (2017). *What color is your parachute? A practical manual for job-hunters and career-changers*. Ten Speed Press.
- Bolles, R. N. (2018). *What color is your parachute? Job-hunter's workbook*. Ten Speed Press.
- Bolton, R. (1986). *People skills: How to assert yourself, listen to others, and resolve conflicts*. Touchstone.
- Botvin, G. J., & Griffin, K. W. (2004). Life skills training: Empirical findings and future directions. *Journal of Primary Prevention*, 25(2), 211-232.
- Clark, S. C. (2003). Work/family border theory: A new theory of work/family balance. *Human Relations*, 56(8), 747-770.
- Davis, M. H. (1994). *Empathy: A social psychological approach*. Westview Press.
- De Bono, E. (1970). *Lateral thinking: Creativity step by step*. Harper & Row.
- Duck, S. (1994). *Understanding relationships*. Sage Publications.
- Enelow, W. S., & Kursmark, L. (2016). *Expert resumes for managers and executives* (3rd ed.). JIST Works.
- Facione, P. A. (2011). *Critical thinking: What it is and why it counts*. California Academic Press.
- Fogg, N. P. (2015). *The internship, practicum, and field placement handbook: A guide for the helping professions*. Pearson.
- Gordon, W. J. J. (1961). *Synectics: The development of creative capacity*. Harper & Row.

- Greenberg, L. S., & Padesky, C. A. (1995). *Mind over mood: A cognitive therapy treatment manual for clients*. Guilford Press.
- Heuvel, M., & Kompier, M. (2012). Job demands, job resources, and recovery from work in the next day. In S. Kozlowski (Ed.), *The Oxford handbook of organizational psychology* (pp. 341-362). Oxford University Press.
- Holland, J. L. (1997). *Making vocational choices: A theory of vocational personalities and work environments* (3rd ed.). Psychological Assessment Resources.
- Kabat-Zinn, J. (1990). *Full catastrophe living: Using the wisdom of your body and mind to face stress, pain, and illness*. Delta.
- Leary, T. (1957). *Interpersonal diagnosis of personality*. Ronald Press.
- Lent, R. W., Brown, S. D., & Hackett, G. (1994). Toward a unifying social cognitive theory of career and academic interest, choice, and performance. *Journal of Vocational Behavior*, 45(1), 79-122.
- Lerner, R. M., & Lerner, J. V. (2013). *The positive development of youth: Comprehensive findings from the 4-H study of positive youth development*. National 4-H Council.
- Linehan, M. M. (2015). *DBT® skills training manual* (2nd ed.). Guilford Press.
- Lipman, M. (2003). *Thinking in education* (2nd ed.). Cambridge University Press.
- McEwen, B. S. (1998). Stress, adaptation, and disease: Allostasis and allostatic load. *Annals of the New York Academy of Sciences*, 840(1), 33-44.
- Mohammadi, S., Nakhuae, N., & Babaei H. A. (2016). The effectiveness of life skills training on emotional intelligence of the female high school students. *Iranian Journal of Health Education and Promotion*, 4(3), 1-10.
- Osborn, A. F. (1957). *Applied imagination: Principles and procedures of creative thinking*.
- Patton, W., & McMahon, M. (2006). *Life design counseling manual*. Australian Academic Press.
- Rogers, C. R. (1957). The necessary and sufficient conditions of therapeutic personality change. *Journal of Consulting Psychology*, 21(2), 95-103.
- Rokeach, M. (1973). *The nature of human values*. The Free Press.
- Savickas, M. L. (2002). Career construction: A developmental theory of vocational behavior. D. Brown (Ed.), *Career choice and development* (4th ed., pp. 149-205). Jossey-Bass.
- UNICEF. (2012). *Life skills: What are they, why do they matter, and how are they taught?* United Nations Children's Fund.
- Van Damme, J., & Vervaeke, M. (2013). Life skill education in schools: A literature review. *International Journal of Humanities and Social Science Research*, 2(1), 35-42.
- WHO. (1993). *Life skills education for children and adolescents in schools*. World Health Organization.